

$$\begin{aligned} \log V_a &= (\log M_o + \log L_o)/2 & \log M_o &= -0,35[u_\lambda - u_{545}]^2 \\ \log V_d &= (\log M_o - \log L_o)/2 & \log L_o &= -0,35[u_\lambda - u_{570}]^2 \\ \log G_a &= (\log V_a - 4[\log V_d]) & \log G_o &= -0,35[u_\lambda - u_{507}]^2 \\ \log R_a &= (\log V_a + 4[\log V_d]) & \log R_o &= -0,35[u_\lambda - u_{607}]^2 \end{aligned}$$

